

# GRADING REQUIREMENTS I.K.G.A. EUROPE



TECHNICAL DIAGRAM	DAN GRADE						
	1	2	3	4	5	6	7
<b>KIHON</b>							
Basic block, punches and kicks according to the examiners request.							
Basics according to the examiners request. Names of technics must be known.							
Any kind of Kihon Ido may be asked to show.							
Kihon Ido II (nekoashi dachi kumite kamae) / Basics							
Oyo Ido / Basics							
<b>KATA / FORM</b>							
Sanchin							
Tensho							
Seinchin							
Sepai							
Sanseiru							
Seisan							
Shisochin							
Kururunfa							
Suparinpei							
Genkaku							
Chikaku							
Any of the previous kata on request of the examiner							
Any Kata of Suparimpai, Kururunfa, Shisochin, Seisan, Sepai							
<b>BUNKAI KATA / ANALYSIS OF KATA</b>							
Seinchin							
Sanseiru							
Sepai							
Seisan							
Shisochin, Kururunfa or Suparinpei = one Bunkai must by choosen by the applicant.							
Explain orally some of <u>your own applications</u> to any one of this Kata that you may choose. Non't use original Bunkai							
<b>YAKUSOKU KUMITE / PROMISED FIGHT</b>							
Nanahon Kumite							
Gohon Kumite							
Roppon Kumite							
Any Yakusoku kumite until 3. Dan must be prepared to show.							
Any Yakusoku kumite until 4. Dan must be prepared to show.							
<b>KUMITE / FREE FIGHT</b>							
Jyu Kumite 5-6 rounds							
Jyu Kumite 6-8 rounds							
Jyu Kumite 8-10 rounds							
Any variation of Goju Ryu technics can be cousen freely. Show the understanding of the essence of Goju Ryu.							
<b>THEORY</b>							
Questioning about the basice subject of goju Ryu Karate							
Written essay on the importanc of Karate Do , not longer than two pages.							
Mast explain orally the importanc of Sanchin+Tensho and the concept of Ibuki.							
<b>REMARKS</b>							
The standart requirement for Kyu grades may also be shown at anytime.							
Mast have teaching experieces							
<b>The examination is held by the Grading Panel of the IKGA Europe.</b>							